BABYSITTER INFORMATION SHEET

FIRST OF ALL, THANKS FOR HELPING US OUT!

We plan to be home around _____

CONTACTS

1. Name: Mom Number: ( ) -
2. Name: Dad Number: ( ) -
3. Pediatrician: Doctor Number: ( ) -
4. Poison Control: ( ) -

FAVORITE ACTIVITIES

TOYS: _____

GAMES: _____

BOOKS: _____

TV SHOWS/MOVIES: _____

OTHER: _____

*If _____ cries, try these tricks: _____

OUR ROUTINE

Here is where I write our typical schedule. I include when we eat, what food I've left prepared, when to begin bedtime, our bedtime routine, etc.

RULES

This is a good place to tell your babysitter about any specific rules you want them to enforce, like whether/which snacks are allowed, how much TV time is okay, etc.

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